

STUDY GROUP TOMIKI AIKIDO – Thursday 20th August 2015



Report by Vicente Bosch

Thursday 20th August 2015 - Class with Mike and Adrian

* - This was a special Thursday as we were joined by Adrian Tyndale Sensei and also by Pepe and Mario from Aikido Tomiki Moixent.

* - The class started by performing Unsoku Undo and Tandoku Undo (the old new Tandoku Undo which caused some problems to the new students as usually we perform the new old Tandoku Undo hehehe)

* - After the basic solo exercises the class was divided into pairs where each pair performed Kata training as per their needs for grading or the TAIN world championships in October: Randori No Kata, Koryu No Kata Dai San and Koryu No Kata Dai Yon.

* - After class the new grade diplomas were distributed and a class photo was taken.

My personal points with Adrian:

* - Stretch using the front of your body, even if you are smaller than Uke by stretching (in the inner radius) you will make Uke stretch in the outer radius.

* - Shichi hon no kuzushi Ura Waza (4 and 6) : pause the legs while the rest of the body continues to accept Ukes movement as he enters into the space in front of you. The pause in the legs does not mean waiting.

STUDY GROUP TOMIKI AIKIDO

NEXT SESSION



MORE STUDY GROUP TOMIKI AIKIDO SESSIONS . . .

13 - 15NOV2015 with Eddy Wolput in Almussafes, SPAIN

19 - 21JUN2015 with Eddy Wolput in Antwerp, BELGIUM

13 - 15NOV2015 with Eddy Wolput in Almussafes, SPAIN

PROPOSED SESSIONS FOR 2015

11-13SEP2015

with Eddy Wolput in Antwerp, BELGIUM provisional

16-18OCT2015

with Eddy Wolput in Antwerp, BELGIUM provisional

11-13DEC2015

with Eddy Wolput in Antwerp, BELGIUM provisional

PROPOSED TOMIKI AIKIDO STUDY GROUP SESSIONS FOR 2016

01 08-10Jan2016 Antwerp

06 03-05Jun2016 Antwerp

01a 29-31Jan2016 Almussafes

07 15-17Jul2016 Antwerp

02 05-06Feb2016 Antwerp

08 05-07Aug2016 Antwerp

02a 06-07Feb2016 Yi-Chuan Antwerp

09 09-11Sep2016 Antwerp

03 11-13Mar2016 Antwerp

09a 16-18Sep2016 Almussafes

04 15-17Apr2016 Antwerp

10 07-09Oct2016 Antwerp

05 06-08May2016 Antwerp

11 11-13Nov2016 Almussafes

05a 20-22May2016 Bulgaria

12 09-11Dec2016 Antwerp

STUDY GROUP TOMIKI AIKIDO - Tradition and Knowledge

Chief Instructors/Examiners Study Group Tomiki Aikido

Eddy Wolput 7th Dan (JAA) - JAA-Shihan

Frits van Gulick 7th Dan (JAA) - JAA-Shihan

Yoshiomi Inoue 7th Dan (JAA) - JAA Senior Instructor

Instructors/Examiners Study Group Tomiki Aikido

Adrian Tyndale 6th Dan (JAA/BAA) - JAA-Shihan Dai - International Silver Medallist

Gina De Weerdt 5th Dan (JAA) - JAA-Shihan Dai - former European Kata Champion

Koos de Graaff 5th Dan (JAA)

Mike Thraves 5th Dan (JAA) - JAA-Shihan Dai

Pierre Alain Zeiter 4th Dan (JAA) - JAA-Shihan Dai

For those who are “Facebook-less” we have an alternative way of communicating our studies via:



Wikispaces

STUDY GROUP TOMIKI AIKIDO - Wikispaces

<https://study-group-tomiki-aikido.wikispaces.com/>

For archived Study Group Tomiki Aikido reports please see:

<http://www.aikidouk.co.uk/study-group-reports.htm>