

SEMINAR WITH YOSHIOMI INOUE - Friday 15th March, 2019



HOSTS: Ken Broome 7th Dan (JAA Shihan)
 Gary Hogg 6th Dan (JAA Shihan Dai)
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DOJO: Jugokan Tomiki Aikido Club
 VENUE: Ernest Bevin College, Beechcroft Road, Tooting, London SW17 7DF UK
 TIME: 7pm to 9.30pm

We began this evening's session with a typical "Japanese" style warm up taken by Ken Broome.

We then performed rounds of Unsoku and Tegatana Dosa.

To bring us into Inoue Sensei's main theme we practised in pairs Tegatana Awase and Shotei Awase. Inoue Sensei gave us some guidance on the deeper purpose of these exercises. The posture is centrally lowered to keep strong and not by using bracing with the back leg; this creates leaning.

He used the first section of Tegatana Dosa to illustrate how to move against a Tegatana which stops and one which gives way; in each case by footwork and body dropping, keeping good posture and maintaining the correct distance. The Tegatana arm must not bend. Inoue Sensei demonstrated several energetic exercises, from a press up position, in order to illustrate this.

Examples of how to catch the hand blade by cutting down with a relaxed arm and lightly gripping; "Touch and Pick". This developed into wrist twist which was shown as similar to Uke gripping and Tori applying Jodan Kuzushi. These concepts were practised from applications from Ju Nana Hon and Koryu Dai San. The correct Aikido distance, with central upright posture, relaxed movement and the correct use of Torso and hips were constantly emphasised by Inoue Sensei; No leaning, keep Tegatana.

To close the seminar we engaged in a few rounds of light Hikitatigeiko.



Then finally we took a few commemorative pictures to record the event. Present were students from several different clubs which was great to see and in particular in our 60th year of Tomiki Aikido in the UK.

After the seminar we had some sandwiches and drinks at The Sultan Pub in Wimbledon.

And finally our thanks extend to Harvey Goodman for his much appreciated care and attention given to Yoshiomi Inoue Sensei during his stay here in the South of England.



STUDY GROUP TOMIKI AIKIDO SESSIONS FOR 2019 . . .

16-17Mar2019 DAIKAN Dojo, Malaga, SPAIN with Tadayuki Sato

CELEBRATING 60 YEARS OF TOMIKI AIKIDO IN THE UK

16Mar2019 BAA NOTR Seminar, Basildon, UK with Shaun, Ken, Adrian

17Mar2019 BAA NOTR Seminar, Basildon, UK with Yoshiomi Inoue

13-14Apr2019 Rising Dawn Seminar, Dublin, IRELAND

with Bob Jones, Paul Bonett and Adrian Tyndale

14-16Jun2019 Margate, UK with Eddy Wolput

21-23Jun2019 Antwerp, BELGIUM with Eddy Wolput

20-21July2019 Leeds Summer School, with Bob Jones, Adrian Tyndale

13-15Sep2019 Antwerp, BELGIUM with Eddy Wolput

??23or30Sep2019 Worcester Park, UK

with John Wilkinson, David Wilkinson & Adrian Tyndale

30Apr-01May2019 SAKURA Dojo, Brussels, BELGIUM with Akira Hino

04-05May2019 Sofia, BULGARIA with Eddy Wolput

24-26May2019 Antwerp, BELGIUM with Eddy Wolput

07-09Jun2019 Almussafes, SPAIN with Yoshiomi Inoue

25-28July2019 WSAF World Aikido Championship, San Diego, USA

SUMMER BREAK

08-13Oct2019 13th International Aikido Tournament, Malaga, SPAIN

19-25Oct2019 Master Class Paris, FRANCE with Akira Hino

25-27Oct2019 Antwerp, BELGIUM with Eddy Wolput

15-17Nov2019 Almussafes, SPAIN with Eddy Wolput

06-08Dec2019 Antwerp, BELGIUM with Eddy Wolput

STUDY GROUP TOMIKI AIKIDO - Tradition and Knowledge

Chief Instructors/Examiners Study Group Tomiki Aikido

Eddy Wolput 7th Dan (JAA) - JAA-Shihan

Frits van Gulick 7th Dan (JAA) - JAA-Shihan

Yoshiomi Inoue 7th Dan (JAA) - JAA Senior Instructor

Instructors/Examiners Study Group Tomiki Aikido

Adrian Tyndale 6th Dan (JAA/BAA) - JAA-Shihan Dai - International Silver Medallist

Gina De Weerd 5th Dan (JAA) - JAA-Shihan Dai - former European Kata Champion

Koos de Graaff 5th Dan (JAA)

Mike Thraves 5th Dan (JAA) - JAA-Shihan Dai

Pierre Alain Zeiter 5th Dan (JAA) - JAA-Shihan Dai

Valentin Miloslov 4th Dan (JAA)

STUDY GROUP TOMIKI AIKIDO - TECHNICAL WEBSITE:

<https://studygrouptomikiaikido.wordpress.com>

STUDY GROUP TOMIKI AIKIDO - ARCHIVED REPORTS:

<http://www.aikidouk.co.uk/study-group-reports.htm>

STUDY GROUP TOMIKI AIKIDO DOJOS:

<https://studygrouptomikiaikido.blog/content/>

60 YEARS OF TOMIKI AIKIDO IN THE UK CELEBRATIONS:

<http://www.aikido-aid.com/60th-year-celebrations.htm>