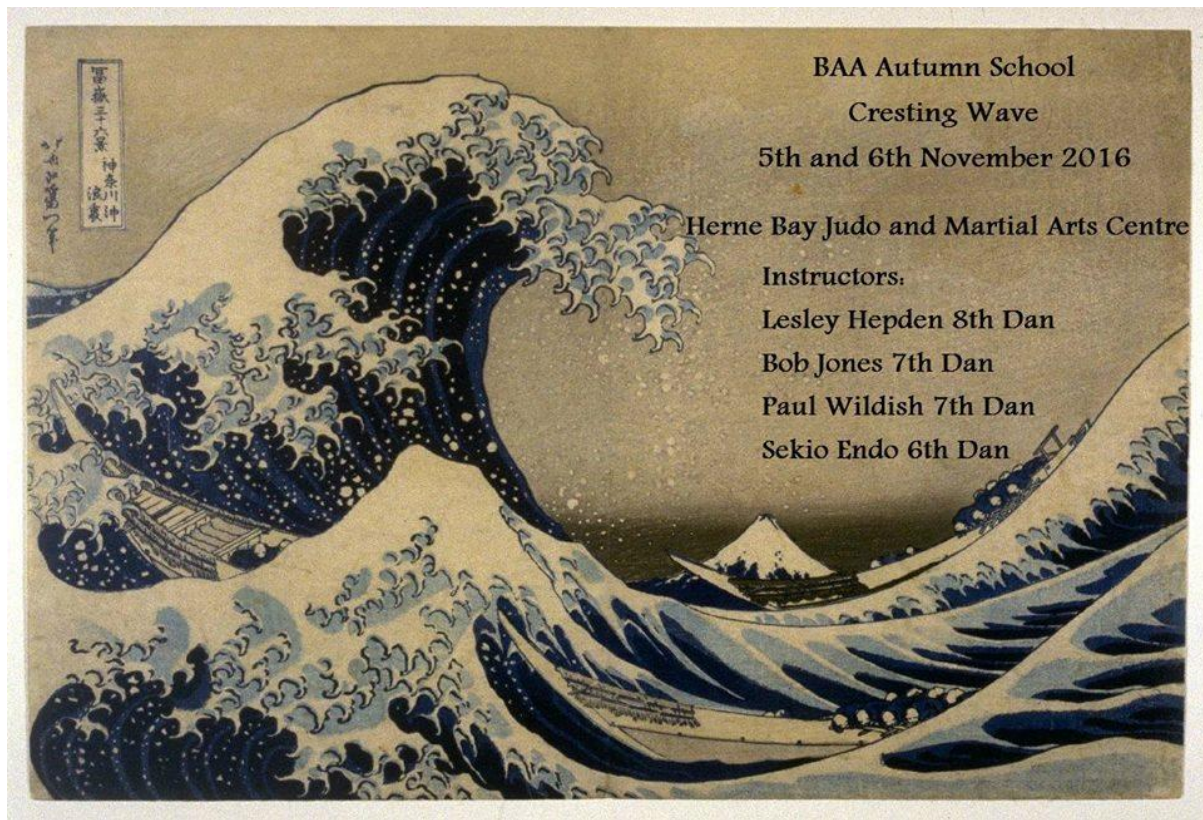


BAA AUTUMN SCHOOL AND GRADING 2016



Herne Bay Judo and Martial Arts Centre,
The Circus, Herne Bay, Kent CT6 8PJ

An opportunity to take instruction from some of the best Tomiki Aikido instructors, Lesley Hepden 8th Dan, Bob Jones 7th Dan, Paul Wildish 7th Dan, Sekio Endo 6th Dan.

Saturday 5th November, 2016

09.30 – 10.30 Sekio Endo

10.30 – 11.30 Sekio Endo

11.30 – 12.30 Lesley Hepden

12.30 – 13.00 Lunch

13.00 – 14.15 Lesley Hepden

14.15 – 14.30 Break

14.30 – 15.30 Sekio Endo

15.30 – 16.30 Bob Jones

16.30 Grading

Panel – Lesley Hepden, Bob Jones, Paul Wildish,
Vanda Fairchild (Shōdōkan)

Sunday 6th November, 2016

09.30 – 10.30 Bob Jones

10.30 – 11.30 Sekio Endo

11.30 – 12.30 Sekio Endo

12.30 – 13.00 Lunch

13.00 – 14.15 Paul Wildish

14.15 – 14.30 Break

14.30 – 15.30 Sekio Endo

15.30 – 16.30 Sekio Endo

BAA Autumn School – Saturday 5th November, 2016



Sekio Endo started the weekend's course featuring basic elements of the Shōdōkan system.

Over the weekend we covered elements of Koryu Dai Roku weapons sections Jo and Sword over two sessions with Lesley Hepden. Particular attention was drawn to the role of Uke. The defence against the spear attack is in three stages, avoid with Togatana, grip close with the other hand, grip with the Togatana hand.

Bob Jones introduced us to his ideas on the five balance breakers, Go Hon No Kuzushi. In fact we ended up with double the amount which made it very interesting.

A Grading was held in the late afternoon where four candidates were put through their paces.

The grading panel expected to see the concept and understanding of "Martial Presence" in both the demonstration of kata and in the elements of "free-play". Unfortunately the panel felt that this was lacking in the performances and so sadly none of the candidates moved up in their grades. At the end some words of encouragement and feedback were given by the grading panel leader, Paul Wildish.

Saturday evening some of us went for a traditional Carvery courtesy of Harvey Goodman. Most went for an India Curry Evening.

BAA Autumn School – Sunday 6th November, 2016



By Sunday morning the number attending had dropped by half.

For the benefit of those who took the grading, Bob Jones devoted part of his session to feedback. Unfortunately only one candidate was present. Bob highlighted the marked differences between the Koryu No Katas. As an example he took Kneeling Oshitaoshi, which is used in four of the Koryu No Kata's. Each version has its own flavour and is based on the emphasis sort in the entire series of techniques in that specific kata; four ways of doing the same technique. Bob also emphasised the importance of the presentation when performing Kata and the need to work with a familiar and regular Uke.

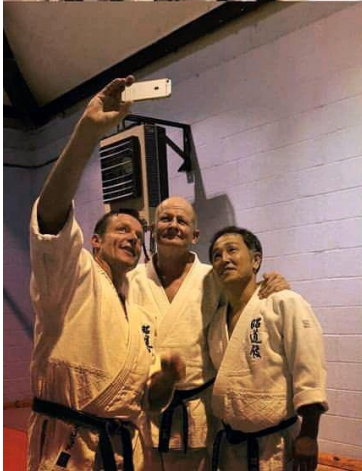
With Paul Wildish we worked on elements of Koryu Dai Ichi. We started at the beginning with the five techniques from the kneeling section moving on to the first pair of the standing section.

Seiko Endo ran several sessions where he focussed on basic elements of the Shōdōkan system. He emphasised the importance of Tori's effect on Uke and that a good Uke must be consistent and meaningful. Both play an important part. In some cases he showed alternative ways for Tori to execute their technique.

We made a study on the progressive stages of gripping, Juntedori and Gyakudori from applications with Tanto.

The sequence first starts with Tegatana then gripping, regular/reverse then the technique. This turned out to be a stimulating and interesting section.

To finish his session we studied Tanto Counter Techniques. We started first formally then to finish, in a more "free" way.



Sunday evening I had the pleasure of spending time and having a Noodle meal with guest and visitor from Japan, Naoki Ogashi and his host Erik Dopp.

What a fabulous two day seminar and grading. It was a chance to re-activate old friendships, make new friends and to be instructed by some of the best. My thanks go to Lee Adams and his team for organising it.

STUDY GROUP TOMIKI AIKIDO SESSIONS FOR 2016 . . .

11-13Nov2016 Almussafes, SPAIN with Eddy Wolput & Yoshiomi Inoue
09-11Dec2016 Antwerp, BELGIUM with Eddy Wolput

PROPOSED STUDY GROUP TOMIKI AIKIDO SESSIONS FOR 2017 . . .

07-08Jan2017 Antwerp, BELGIUM with Eddy Wolput, New Year Kampai
27-29Jan2017 Almussafes, SPAIN with Adrian Tyndale
18-19Feb2017 Antwerp, BELGIUM / Paris, FRANCE with Eddy Wolput & Satoru Tsuchiya
18-19Mar2017 Antwerp, BELGIUM with Eddy Wolput, JAA Grading
22-23Apr2017 Antwerp, BELGIUM with Eddy Wolput
13-14May2017 Antwerp, BELGIUM with Eddy Wolput
17-18Jun2017 Antwerp, BELGIUM with Eddy Wolput
19Jun2017-29Aug2017 SUMMER BREAK
30Aug2017-03Sep2017 International Tomiki Aikido Festival in Akita
07-Oct2017 Antwerp, BELGIUM with Eddy Wolput
11-12Nov2017 Almussafes, SPAIN with Eddy Wolput
09-10Dec2017 Antwerp, BELGIUM with Eddy Wolput

STUDY GROUP TOMIKI AIKIDO - Tradition and Knowledge

Chief Instructors/Examiners Study Group Tomiki Aikido
Eddy Wolput 7th Dan (JAA) - JAA-Shihan
Frits van Gulick 7th Dan (JAA) - JAA-Shihan
Yoshiomi Inoue 7th Dan (JAA) - JAA Senior Instructor

Instructors/Examiners Study Group Tomiki Aikido
Adrian Tyndale 6th Dan (JAA/BAA) - JAA-Shihan Dai - International Silver Medallist
Gina De Weerd 5th Dan (JAA) - JAA-Shihan Dai - former European Kata Champion
Koos de Graaff 5th Dan (JAA)
Mike Thraves 5th Dan (JAA) - JAA-Shihan Dai
Pierre Alain Zeiter 4th Dan (JAA) - JAA-Shihan Dai

For those who are "Facebook-less" we have an alternative way of communicating our studies via:



Wikispaces

STUDY GROUP TOMIKI AIKIDO - Wikispaces

<https://study-group-tomiki-aikido.wikispaces.com/>

For archived Study Group Tomiki Aikido reports please see:

<http://www.aikidouk.co.uk/study-group-reports.htm>