



菊水会
合気道

非理法權天

KIKUSUI KAI AIKIDO

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Newsletter

A PUBLICATION
TO PROMOTE THE
TOMIKI SYSTEM
OF AIKIDO



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.co.uk/newsletter.htm

HAPPY BIRTHDAY, YAMADA SENSEI

Senta Yamada was born 1st March, 1924. In Fukuoka, which is a town in Kyushu on the South Island of Japan. He started learning Judo while attending his middle school when he was 11 years of age. He was awarded his 1st Dan at the age of 16.

He took part in the East-West Japan contests and at different times fought for both sides, being chosen to be Team Captain on several occasions. He received his 6th Dan in Judo having defeated five other holders of 5th Dan rank in contests.

It was after he attained his 6th Dan that he was invited to stay and study at the home of the great Aikido Master Dr Ueshiba in Wakayama and Tokyo. It was when he moved to Tokyo that he was introduced to Kenji Tomiki 8th Dan Judo and 8th Dan Aikido at the Kodokan and began to study his system of teaching Aikido. It was shortly after World War Two, while he was assisting Mr Tomiki that he acted as his Uke taking part in a demonstration to convince the then



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OBITUARY - MICHAEL HYNES 6th Dan Aikido

It is with deep regret that we report the sad loss of our dear friend and fellow Aikidoka, Mike Hynes. Our thoughts and sympathy go out to his sister, Esta and family. Mike passed over on Thursday 12th February at 24.00 hours. As always Mike, has left us thinking. (Was it Thursday or Friday, He'll be grinning on that.) He was cremated on Monday 23rd February at 12.00. John Waite recalls some happy and memorable moments.....

In 1961 he was my first student when I started teaching Judo at my local Evening Institute in Broadwater Road Tooting. I introduced him to Aikido when I was training under Yamada Sensei at the London Judo Society. Whilst I was in Japan in 1983 I asked Mr Kogure if Mike could be awarded his 5th Dan. This was at the same time as I was awarded my 6th Dan. There was a time when Mike was in hospital receiving treatment for Gallstones. He told me that one-day one of the nurses came in as he was doing some exercises at the end of his bed. The nurse said "Oh, Mr Hynes would you please come and show the rest of the patients how



they can improve their recovery time". He was a tough cookie. I also remember when I was learning to drive, he held a drivers licence but hadn't driven since his days in the army but he sat with me whilst I did. Unfortunately, one night I backed into my neighbour's moped, after that he always said, as we were preparing to stop, "Have you Got it" (meaning had I got my foot on the brake). I will always remember that. When Yamada Sensei returned to Japan Mike took over the teaching at the Clapham North club with Michael Clapton, when Michael left I went along and gave Mike a hand until Mr Naito and later Mr Inoue came.

He was a wonderful man and will be sadly missed.

DATES FOR 2004

14MAR04	BAA OPEN Competition - Brighton
9/10/11APR04	FOLKESTONE EASTER SCHOOL – Contact Joe McEnroe 07901 900432
18APR04	SOUTHERN AREA AGM – NEMCA, Mitcham, Surry
24APR04	BAA Senior National Competition – Bradford
01MAY04	SHUMOKUBETSU KONGODANTAISEN EVENT – Tony Evangelou
16MAY04	BAA AGM & EC Meeting 2
25MAY04	BAA SOUTHERN AREA GRADING - Rotherhithe
06JUN04	ACCREDITATION COURSE FOR JUDGES – Contact Paul Wildish 020-8451 6194
19JUN04	WIMBLEDON VILLAGE FAIR – Aikido Demonstration 12.30 – 1.00pm
27JUN04	BAA National Dan Grading
18JUL04	EC Meeting 3
17OCT04	ACCREDITATION COURSE FOR REFEREES – Contact Paul Wildish 020-8451 6194
14NOV04	EC Meeting 4

YAMADA SENSEI'S COMMEMORATION OF PROFESSOR TOMIKI's 100th BIRTHDAY - part 1

When I was asked by Mr Futami, the Editor-in-Chief of Shumpu magazine to write an article to commemorate Professor Tomiki's 100th birthday for his magazine, I was unsure of how well I could do it. But I took the responsibility of the job because Sensei Tomiki helped me in various ways for a long time. I am also writing this article through my responsibility to Sensei Tomiki as one of his students and as an instructor of Tomiki Aikido, who have had an honour to introduce his system overseas, with a particular focus on London.

I have read several issues of Shumpu magazine and am now once again surprised to see that there have been more than 170 editions. There is no doubt that the magazine has received strong supports in various ways. But in the meantime, this could not have been done without Mr Futami's endeavour for appealing to the world for what is right, which must be highly appreciated.

Writing was hard to deal with, and I progressed very slowly. Then, on the 5th of March, I received the news that Mrs Tomiki passed away. The painful notion that I would never meet Professor and Mrs Tomiki again and the feeling that I would miss them deeply made me realise once again the importance of my responsibility for carrying on his strong will.

Now, it is not easy to correctly understand what Professor Tomiki thought of and what he wished to convey. This is because, in order to do that, one must correctly understand the teachings of both Dr Kano and Shihan (1) Ueshiba's teachings that underlie his budo. Professor Tomiki, while knowing that the training is the key to success, decided to make sense of budo to the world by theoretically compiling both of the chosen Shihans' God-bestowed ideals.

Professor Tomiki's effort and research results were far ahead of the others and had gained wide acceptance. However, his activities were never warmly welcomed neither by the Judo's headquarter, Kodokan nor the headquarters of Aikido. Thus his original intention was never fulfilled before his death.

The night before he died, he called in his wife by his side and said "get my suitcase for me". His wife asked him why. He replied "I want to go to see Guy-san in Australia now". When I heard this story afterwards, I could feel the feelings deep

inside him so painfully.

He had had Dr Kano's expectation on his research. He was also the first person to be awarded 8th dan by Shihan Ueshiba, which indicated trust gained by him. I could thus see in this act of his, his regret and sorrow for not being able to fulfil his objectives.

Sensei Okumura, the current Head Instructor at the Dojo Headquarters was once Professor Tomiki's student at Kenkoku University in Shinkyo (2). He was also concerned about the relationship between Professor Tomiki and the Headquarters and made constant efforts to improve the situation. However, his effort did not bear fruit.

It can be said that the Tomiki-system of Aikido is originated from Judo Taiso, a Judo-style exercise, which the Sensei started compiling during the three and a half years of his time in Manchuria after the War. I presume that the following ten years until the year 1959, in which I departed for London to introduce Tomiki Aikido, is the time when he struggled the most. Around that time, I accompanied Professor Tomiki wherever he went to teach, and I listened to his ambition and sometimes, his struggles. Now, some have become sweet memories while some are rather painful. But I can now see in his comportment, the basis of his Tomiki Aikido. Around that time, the Dojo on the 4th-level basement of the building, in which the General Macarthur resided, was crowded with high graded Judoka of seventh and eighth-dan degree.

As it is well known, Dr Kano founded Judo when Jujutsu's were in decline in popularity. He studied the various schools of the Jujutsu in order to save these arts and to spread them around the world as the path to attaining the right use of energy and co-survival of self and the others. Judo has now become popular around the world and greatly developed, thanks to Dr Kano's teaching strategy as well as to his good-natured personality. However, the art has become completely different from what Dr Kano originally intended. One example can be the Sydney Olympics. In fact, Kano was against the idea of including Judo as an item in the Olympics in the first place. Moreover, posing in the "Guts Pose" (3) in showing off their victory had been considered as something to be ashamed of. This point was also made strongly clear in an article in the No. 171 issue of Shumpu magazine by Mr Futami, with which I absolutely agree.

1. Another way of addressing a Sensei
2. Changchun, i.e. then Manchuria
3. This is the posture with posing two fists in front of them.

To be continued

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General in command of the armed forces in Japan, General Douglas McArthur, that Martial Arts were more a way of life than just training for fighting.



Yamada Sensei came to England in 1959, at the suggestion of his friend Mr Ichiro Hata and an invitation from the two senior teachers of the London Judo Society to teach Judo and introduce Aikido. It was while he was teaching there that he received his 6th Dan in Aikido from Professor Tomiki. It was in 1961, in collaboration with one of his older students a Mr Bill Martin, that he wrote his first book on Aikido in English entitled "The Ancient Secrets of Aikido" (This is currently being revised and reproduced) He stayed at the London Judo Society until mid 1962 when he decided to open his own dojo in North London. This was called the Regency Judo/Aikido Club.

He continued to teach at that dojo and at various other venues until 1965, when he decided to return to Japan. It was not until 1983 that his senior student, John Waite, paid a visit to Japan and persuaded him to make a return visit to England in 1984. Since that time he

has been a frequent and very welcome visitor to our shores, watching over the development of Professor Tomiki's system of Aikido and Dr Kano's system of Judo. He has also visited many other



countries carrying out this responsibility. America, Australia, China, France, Ireland, Sweden, Sri Lanka, Tonga and several others that he has not mentioned.

We wish him a Very Happy Eightieth Birthday and Many, Many More.

THE ANCIENT SECRETS OF AIKIDO

By Senta Yamada



This is a publication written by the man who brought Tomiki Aikido to the United Kingdom back in 1959. Six years later he left London and some of his students went on to form the British Aikido Association. He is still teaching Aikido regularly around the world. At this moment he is building a group in Sri Lanka. Sales of this book will assist Yamada sensei's fight to help people less fortunate than most. The book can be purchased from BAA Promotions and will be available soon. Place your order now to reserve your copy.

£11.00 + carriage

Talent TV and the BBC are making another show! The programme is the 7th in a series of programmes, which you may have seen before, like The National IQ Test. Anne Robinson and Phillip Schofield have presented both. The programme is a live, celebrity packed, 2½-hour event, which will be going out at the end of March. It is also fully interactive with people taking part across the country, on the Internet, interactive television or at home with a pen and paper. In the studio we have a 240 strong audience, which is split into 6 groups. These groups are in turn defined by their job, a hobby or a characteristic. We also have a group of celebrities in the studio



and all the groups compete against each other in the test. Everyone in the studio takes part on a hand held keypad, answering A, B, C or D.

This time around we would like one of our audience groups to be **Record Breakers**. Anyone interested please contact the Editor of this publication.

The programme goes out live on Saturday 20th March.

AIKIDO REGALIA

- BAA Gi Badges** £3.00
- BAA Car Windscreen Stickers** £1.00
- Kikusui Kai Gi Badges** £3.00
- JAA Gi Badge & Blazer pin badge (pair)** £10.00
- Gi with white belt** £40.00
- Gi belt** £3.00
- Kikusui Kai Video's (each)** £15.00
- Competitive Aikido Book & CD** £21.00
- Aikido, Tradition and the Competitive Edge** £16.00
- Understanding Shodokan Aikido** £8.00
- Soft Tanto** £19.00
- Hard Tanto** £15.00

Contact: John Grima **Phone:** 020-8769 5255

KIKUSUI KAI VIDEOS



Contact: John Grima
 19 Stanley Road, Mitcham, Surrey CR4 2BH
Phone: 020-8769 5255 **Fax:** 020-8696 0946
Email: john@kj-g.freemove.co.uk

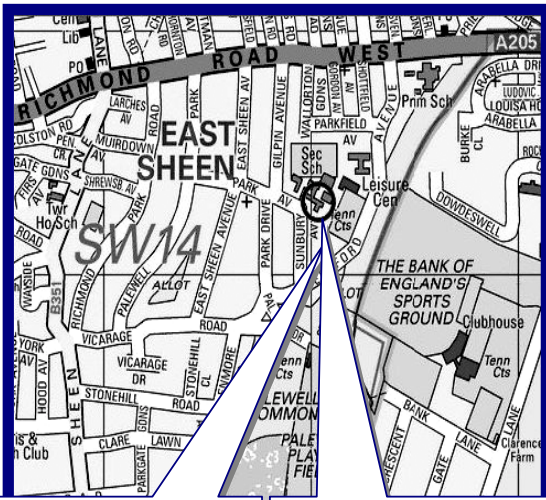
KIKUSUI KAI (NEW ZEALAND)

Monday 20.00 – 21.00hrs Northcross Community Centre, 877 East Coast Bays Road, Browns Bay, New Zealand
Thursday 20.30 – 21.30hrs Judokwai Northshore, 68 Hillside Road, Glenfield, New Zealand

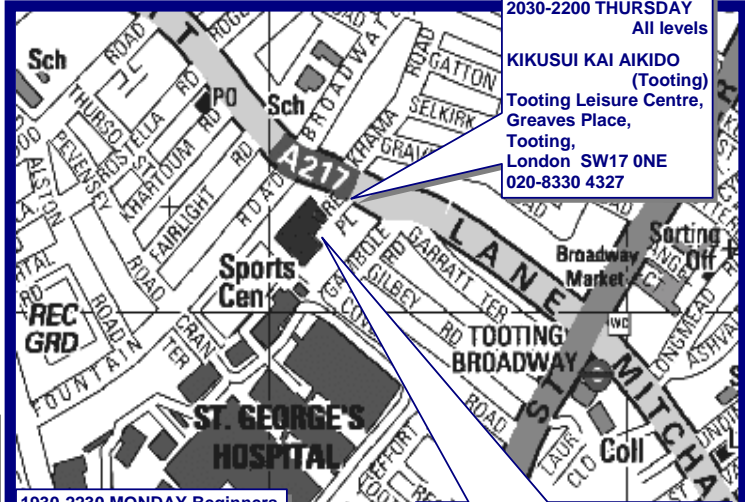
Contact: John Waite 7th Dan, Pepi Waite 4th Dan
 12, Mercury Lane, Mairangi Bay, North Shore, Auckland 1311, NEW ZEALAND

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CLASS TIMES, VENUES & LOCATIONS

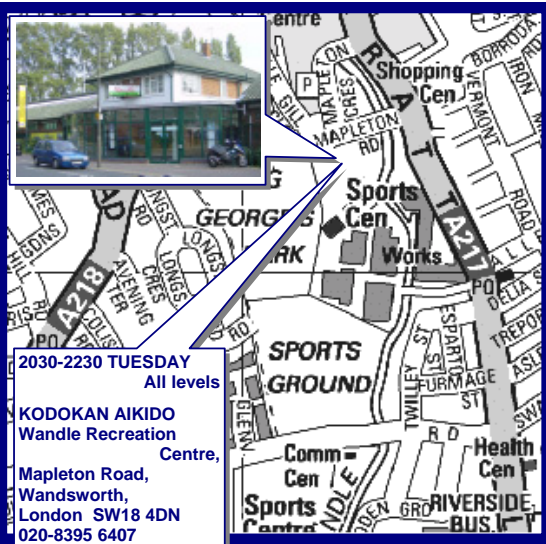


1700-1800 MONDAY
Family Aikido
SHEEN AIKIDO
Shene Sports & Fitness Centre,
Park Avenue, East Sheen,
London SW14 8RT
020-8878 7578 07860 248061

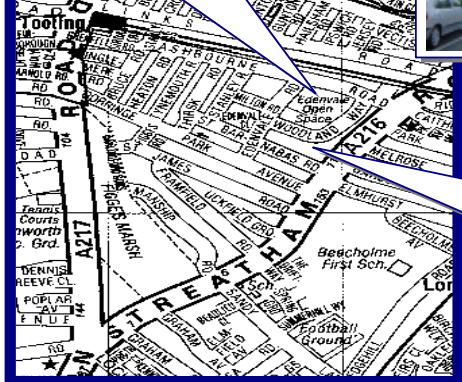


2030-2200 THURSDAY
All levels
KIKUSUI KAI AIKIDO
(Tooting)
Tooting Leisure Centre,
Greaves Place,
Tooting,
London SW17 0NE
020-8330 4327

1930-2230 MONDAY Beginners
NEMCA AIKIDO
Edenvale Playspace,
Woodland Way, Mitcham,
Surrey CR4 2DZ
020-8769 5255 07860 248061



2030-2230 TUESDAY
All levels
KODOKAN AIKIDO
Wandle Recreation
Centre,
Mapleton Road,
Wandsworth,
London SW18 4DN
020-8395 6407



2100-2230 FRIDAY
Beginners
FIGHTING FIT AIKIDO
David Lloyd Club,
Bushey Road, Raynes Park,
London SW20 8TE
020-8947 7247 07860 248061



2000-2200 WEDNESDAY
All levels
OPEN-DOOR AIKIDO
Open-Door Community Centre,
Kevil Drive, Wimbledon,
London SW19 6TF
020-8871 8174, 07860 248061



0900-1100 SUNDAY
All levels
2000-2200 TUESDAY
Beginners
SUTTON AIKIDO
Sutton Arena Leisure Centre,
Middleton Road, Carshalton,
Sutton, Surrey SM5 1SL
020-8770 4088 07860 248061

