



菊水会
合気道

KIKUSUI KAI AIKIDO

非理法權天

November, 2002
Volume 1, Issue 2

Newsletter

A PUBLICATION
FOR CIRCULATION
TO KIKUSUI KAI
MEMBERS



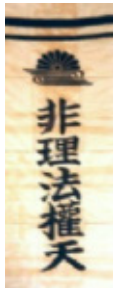
KUSUNOKI MASASHIGE (1294 – 1336)

At the top of this Newsletter are some Japanese Characters some of which are very old and have deep meaning. This article attempts to briefly explain these. The modern characters in white are simply "Kikusui Kai Aikido", the name of our group and relate to Kusunoki Masashige. He was a powerful symbol of loyalty to the Emperor Go-Daigo. His heroic defence of Chihaya castle became one of the most famous examples of *bushido*. Our Kikusui no Mon (the Kikusui Kai emblem) comes from his family crest, which consists of *kiku* – chrysanthemum and *sui* – water. A fuller explanation will be published later.

Written in black are older characters which form part of the battle flag of Kusunoki Masashige.

非
理
法
權
天

Injustice, Atrocity
Justice, Reason
Law
Authority, Power
Heaven, God



This is a teaching of the world order, which reads, "Atrocity cannot win over Justice. Justice cannot win over Law. Law cannot win over Authority. Authority cannot win over God." This teaching dates back to 13th century Japan and may be difficult to relate to modern times.

A simpler definition might read:

**THROUGH TRUE SPIRIT WE STRIVE
EXCELLENCE, WHICH PREVAILS
OVER INJUSTICE AND INIQUITY.**

SENIOR GRADING

SUNDAY 24th NOVEMBER, 2002
Bacon's College Sports Centre,
Timber Pond Road, Rotherhithe,
London SE16 1AG

Commencing at 1.00pm

BRING YOUR BAA LICENCE

**The Sunday class at NEMCA
(Mitcham) will run as usual.**
Afterwards (at 11.30am)
everyone will head over to
Rotherhithe. See side 2 for map.

THE ULTIMATE CHALLENGE

Aikido is the way to harmony of mind, body and spirit. But what if the body were unable to obey the mind? What if the mind were unable to communicate with the body?

Imagine being unable to move your legs. Imagine watching your hands move in ways you cannot control. Imagine not being able to communicate with your family or friends, not being able to say that you are tired or hungry.

Unfortunately there are thousands of children and young people in that situation and they need help, because they simply cannot help themselves.

Children Today is an organisation that seeks to provide that help by providing grants and funding for specially designed equipment that brings greater quality of life and independence to children with disabilities in the UK. But Children Today relies totally on voluntary support and donations.

As someone who is fit and fully able - although you might not completely agree with that statement, having seen the way I do Aikido - I feel I should use my good fortune to help others. I have, therefore, taken up "The Ultimate Challenge".

What is it? No, it's not taking on Adrian and John in no-holds barred free play for 24 hours, it's actually four challenges in one. First I have to go to Borneo (that's the easy bit). Once there, I have to:

- ❖ Trek Mount Kinabalu -4100m above the rainforest

- ❖ Ride a mountain bike 180 kilometres through the Crocker Mountain Range
- ❖ Take a raft down the fast flowing turbulent rapids of the River Padas
- ❖ Scuba dive in the South China Sea

Easy, you might say! OK, then join me. If you don't actually feel like it right now, you can still take part. You see the whole point of this lunacy is to raise money for Children Today and so I need people to sponsor me. I am personally committed to raising a minimum of £2500 but I would really like to do a lot better than that. Please put yourself down for an enormously generous donation but also speak to other individuals or organisations you know to find out if they could support me too. For organisations there is the possibility of publicity in return for support.

I need your help here - almost as much as I need it in the Dojo! Please do whatever you can to help make this effort really worthwhile. By supporting Children Today you are giving disabled children and young people the chance to experience more freedom and a wider range of activities, giving them greater independence and quality of life.

Arigato gozaimasu,

Tony Blake

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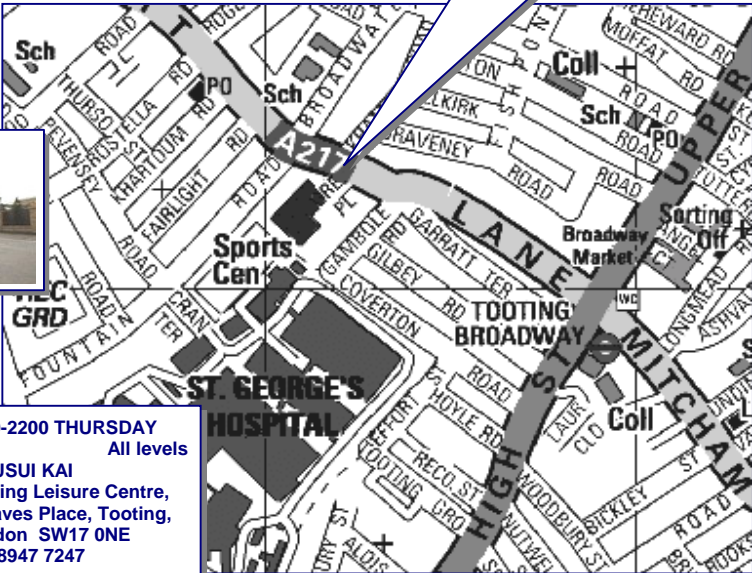
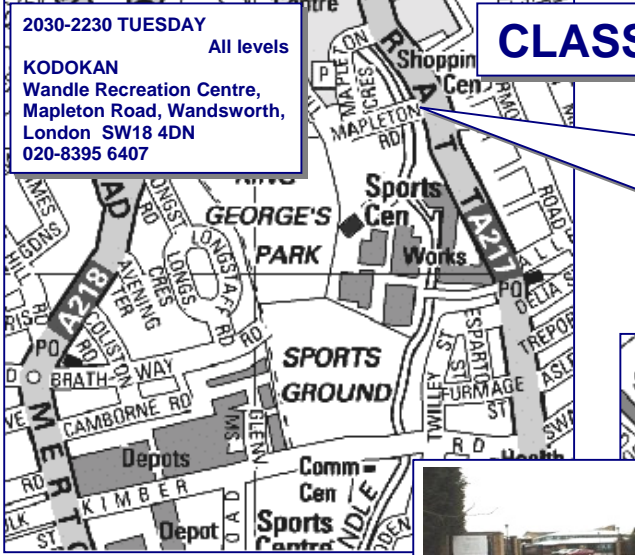
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CLASS TIMES, VENUES & LOCATIONS

2030-2230 TUESDAY All levels
KODOKAN
 Wandle Recreation Centre,
 Mapleton Road, Wandsworth,
 London SW18 4DN
 020-8395 6407



2030-2200 THURSDAY All levels
KIKUSUI KAI
 Tooting Leisure Centre,
 Greaves Place, Tooting,
 London SW17 ONE
 020-8947 7247

2000-2130 TUESDAY Beginners
KIKUSUI KAI AIKIDO
 Lavender Park Pavilion,
 Lavender Avenue, Mitcham,
 Surrey CR4 3HL
 020-8646 7362 07941 983734

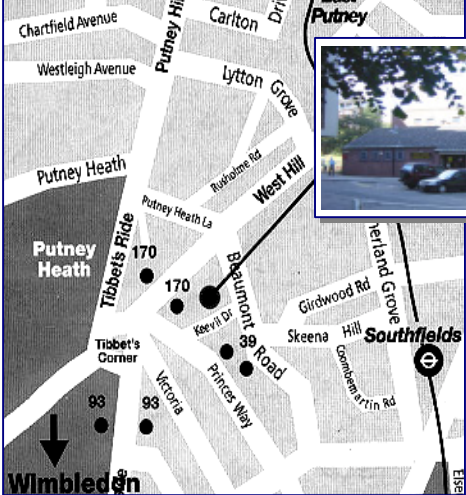
0930-1130 SUNDAY All levels
1930-2230 MONDAY Beginners
NEMCA AIKIDO
 Edenvale Playspace,
 Woodland Way, Mitcham,
 Surrey CR4 2DZ
 020-8769 5255 07860 248061



1930-2200 MON, WED & THURS Beginners
KIKUSUI KAI AIKIDO (ROTHERHITHE)
 Bacon's College Sports Centre,
 Timber Pond Road, Rotherhithe,
 London SE16 1AG
 020-7231 4813 07956 313144



2000-2200 WEDNESDAY All levels
OPEN-DOOR AIKIDO
 Open-Door Community Centre,
 Keevil Drive, Beaumont Road,
 Wimbledon, London SW19 6TF
 020-8871 8174, 07860 248061



2100-2230 FRIDAY Beginners
FIGHTING FIT AIKIDO
 David Lloyd Club,
 Bushey Road, Raynes Park,
 London SW20 8TE
 020-8947 7247 07860 248061