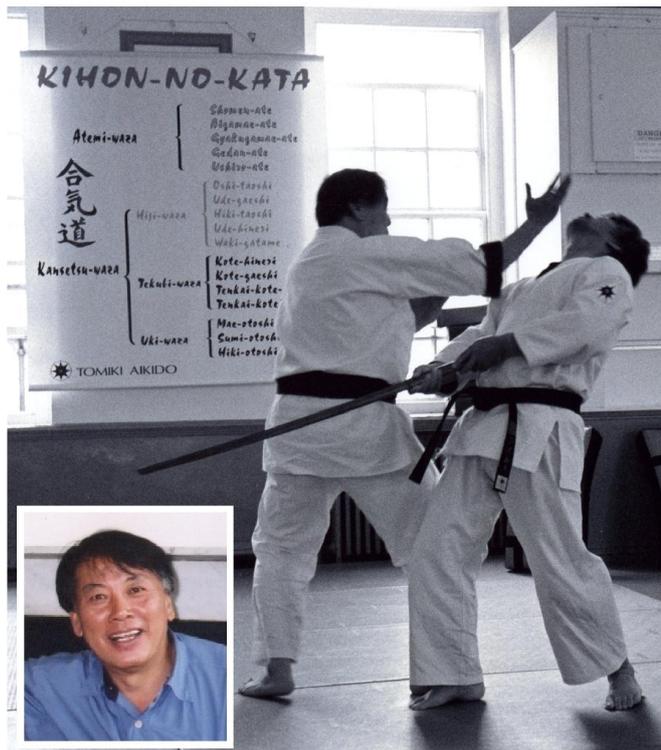


KENSHI UNO

(22nd November, 1941 - 4th October, 2014)

In memory of KENSHI UNO
SHIHAN 8th Dan Aikido, 3rd Dan
Kendo

& JAA Vice-Chairman who died
peacefully at the age of 72



It is with deep sadness that I announce the passing of Kenshi Uno.

In a recent email from him he seemed positive about his rehabilitation after his recent operation for colon cancer, so this news came as a surprise.



LEEDS SUMMER SCHOOL 2006

Kenshi Uno first started Aikido at Wasada University and was graded 1st Dan by Professor Tomiki at the age of 20. He studied under him for approximately 20 years. During that time he also studied Kendo and attained 3rd Dan at the age of 33.

He was the Vice President of the JAA and Principle teacher and founder member of JAAS, the Shikoku Hombu.

He was the first to publish a book about Tomiki Aikido in three languages, Japanese, English and Russian. The book also included a DVD of techniques.

He had many students worldwide and in particular Russia. In Imabari, Japan there are four branches and his students' worldwide totalled approximately 1000. They all form part of JAAS, latterly Shidokan.

Kenshi Uno was very close to his wife, Sumiko and her passing in January 2013 came as a shock to him.



KENSHI & SUMIKO UNO
Enjoying happy times in England



KENSHI & SUMIKO SHARING GOOD MEMORIES OF THE TIME SPENT AT THE HOME & BIRTHPLACE OF SHAKESPEARE





I met and trained with Uno Shihan on three occasions and have kept in touch over the years by email and phone. He referred to himself as the “Third Man”, when conversation moved in a political direction.

Later this month he would have celebrated his 73rd Birthday when, as usual, we would have made contact.

He was passionate about the direction of Tomiki Aikido and was the key player in the formation of Shidokan; a political alternative to Shodokan.

http://www.aikido-aid.com/etaf/kenshi_uno_shihan.htm

A message from Mrs Masako Tomiki

Subject: Obituary notice

Dear Colleagues,

It is with great sadness that the JAA has to announce that Kenshi Uno, JAA vice-chairman, passed away peacefully on Saturday, 4 October 2014. He was 72 years old and a great Shihan as supporter of Aikido. Our thoughts and condolences go to all his family and friends. The funeral service will be held as following arrangement:

1. Wake will be held at 18.00 p.m. on Sunday, 5th October 2014, at Imabari Ceremony Kaikan Tachibana;
2. Funeral service will be held at 13.00 p.m. on Monday, 6th October 2014, at Imabari Ceremony Kaikan Tachibana;

<http://gojokai.net/heiansaiten/guide.html>

Address: 3-7-39 Tachibana-cho, Imabari-shi, Ehime

Tel: 0898-33-3444

The Chief mourner will be Ms. Naoko Aoki, the eldest daughter of Kenshi Uno, but it has not yet been decided.

Regards,
Masako Tomiki
JAA Chairperson

GONE BUT NOT FORGOTTEN - SOME OF KENSHI UNO'S FAVOURITE PHRASES:

Monkey see, monkey do!

Life without emotion is vacant!

Peace in mind, pleasure in life!

Be rapid like a strong wind!

Be quiet like a wood!

Be aggressive like a fire!

Be motionless like a mountain!

SONG OF YOUTH

Flower called Youth will soon fall, young days never come twice, you youngsters, do not hesitate to devote your life to all!

Peace in mind, Pleasure in life!

THREE LET'S

Let's try to make Tomiki aikido beautiful

Let's try to make your life enjoyable

Let's try to make your mind peaceful

The most beautiful is cherry blossoms; the most commanding is expert warriors!

FIVE PRINCIPLES

- 1 Keep the natural style both in figures and mind (natural posture)
- 2 Watch your opponent's eyes as if you were watching the distant mountains (way of watching)
- 3 Move as smoothly as possible as if your feet were always touching tatami (movement of foot)
- 4 Keep your hands on your centre line when you do techniques (movement of hands)
- 5 Breathe out at the last moment when you do techniques (way of breathing)

* All the five principles have to be done at the same time



R.I.P. KENSHI UNO